



ABENAKI NEWS



Volume 12, Issue 2

"Semper Vigilans!"

SUMMER 2009

WING CALENDAR

LtC Lesley M. Lara
CAP Executive Administrator

JULY

- 9-19 Encampment—Norwich
- 9-13 Nat'l Cadet Competition
- 15 Commander's Call 1900
- 19-30 NER Cadet Academy-Otis
- 20-24 NH/VT Glider Academy
- 26-31 NCO Leadership Academy

AUGUST

- 3-7 NH/VT Glider Academy
- 19 Commander's Call 1900
- 15-16 SAREX TBD

SEPTEMBER

- 2-5 Nat'l Board Mtg. San Antonio, TX
- 11-12 NH Wing Conference, MHT
- 14-18 Survey Audit
- 16 Commander's Call

Published by
New Hampshire Wing Civil Air Patrol
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 "SEMPERVIGILANS"

COMMANDERS CORNER

Col Donald C. Davidson, Commander

Your Wing has been very active these late Spring months, as we started preparations for a number of summer activities such as Cadet Encampments and State Fire Patrol. In addition, we also participated in the NER SARCOMP exercise, held over the Memorial Day weekend at Westover, ARB.

The results of the SARCOMP had your Wing bring home "All" of the Trophies as your Flight, Ground and Incident Command teams each won first place (G.T. was a tie), in their respective contests. The overall superb performance by every participant was noted by all of the Judges as we set a fairly high benchmark for future SARCOMP events. The NH Wing will retain the NER SARCOMP winner's wall-plaque until the next SARCOMP, slated for 2011. I was very proud of our Wing and to have been able to be a part of your Flight Team.

The 2009 Cadet Summer activities season has already started as we publish this edition of your newsletter. Cadet NCSA attendees are gearing up to enjoy some very interesting programs and will have the NH Wing well represented as both initial attendees and invited Staff participants. In late June, a full van of NH Wing ES members and trainees drove from NH to Indiana to attend the annual NESAs program. Our Wing encampment will take place once again on the spacious grounds of Norwich University. It is anticipated that almost 100 members will be involved. In addition the NCOA will be held in late July.

Continued pg.8

AWARDS AND PROMOTIONS

EAKER AWARD

Liam Smedley Monadnock

EARHART AWARD

Alecia Hagman Seacoast
Max Haas Hawk

MITCHELL AWARD

Kyle Jepsen Hawk
Michael Wallace, Jr. Hawk
John Keisling Nashua
Ivan Somero Monadnock

CONCORD

Ariel Feindel C/LtC
Estelle Andersen C/CMSgt
Andrew Sackett C/CMSgt
Anna McGuire C/SMSgt
Frederick Dowd C/MSgt
Arthur Gould C/TSgt
Nathan Jones C/SrA
Michael Langlais C/SrA
Michael Denham C/SrA
Amanda Zaino C/Amn
Hubert Deveau C/Amn

HAWK

Douglas Driscoll C/CMSgt
Mark Chapman C/CMSgt
Patrick Perry C/Amn
Jonathan Grant C/Amn
Alexis Wheeler C/Amn

HIGHLANDERS

Rebecca Behr C/1Lt
Eric Parent C/CMSgt
Eric Gray C/MSgt
Kestrel Cole-McCrea C/SrA
Sarah Walsh C/Amn

LEBANON

James Bassette C/SMSgt
Christian Brechbuhl C/SMSgt
Christopher Condi C/SMSgt
Connor Dodge C/TSgt
Benjamin Stallman C/TSgt
Connor Gavell C/ A1C
Jonathon Butler C/Amn
Robert Fernandez C/Amn
Charles Kahn C/Amn
Samuel Linowski C/Amn

SEACOAST

Alecia Hagman C/Capt
Julian Davila C/1Lt
Adam Madore C/CMSgt
Rachel Hockhousen C/SMSgt
Jon-Luc Comtois C/SMSgt
Brandon Patterson C/SMSgt
Michelle Wegner C/SMSgt
Adam Parent C/MSgt
Matthew Piazza C/SSgt
Leroy Hutton C/SSgt
Travis Comtois C/SrA
Cristian Davila C/SrA
Adrian Schidlovsky C/Amn
James Mackaman C/Amn
Zachary Crooks C/Amn
Valerie Dancewicz C/Amn
Allen Ellis C/Amn
Justin Lareau C/Amn
James Mackaman C/Amn
Autumn Ries C/Amn

SENIOR MEMBERS

Jillian Smith Major
Karen Keisling 1/Lt
Benjamin Olech 1/Lt
Ted Bergeron 2/Lt



SQUADRON NEWS

Submitted by Individual Units



CONCORD COMPOSITE SQUADRON

C/LtC Ariel Feindel has been elected to the Nat'l Cadet Advisory Council as representative for the NER. He is presently the chair of the NHWG CAC and was elected to the NER CAC last fall. Cadet Commander 1st Lt. Brittany Hanes received the youth of the year award from Pineconia Grange. C/SMSGT Ben Loll received the AF Sergeants Association award. A number of cadets helped place flags at Blossom Hill Cemetery veteran's graves. Marched in Concord Memorial Day parade and celebrated Flag Day at the American Legion in Epsom. Forty members visited the Shepard/McCauliffe planetarium for a spectacular night sky presentation and tour of the facility and observatory. The Foxbat drill team and Concord Color Guard participated in the annual NHWG Cadet Competition. 16 new cadets graduated basic training. LtC Ninness is retiring from CAP effective 30 Jun 09.

GREATER NASHUA COMPOSITE SQUADRON

PAO Mike Kenney gave AE presentations at several schools in the Nashua area during the month of May. He also received his master AEO rating. A group of members marched in the Nashua Memorial Day parade. Two members passed level one and members Kapsten and Wilson received their Yeager awards. C/CMSGT Hosage received his GT badge.

HAWK CADET SQUADRON

The squadron has moved their meeting place out of the prison and is now meeting at Laconia High School. A group of squadron members marched in the Laconia Memorial Day parade. At an awards night on April 16th State Rep. Judy Reeve presented the Earhart Award to Max Haas and the Mitchell Award to Kyle Jepsen and Michael Wallace, Jr. Several other cadets were recognized with achievements as well. The squadron color guard won the NH cadet color guard competition and went on to win a first place in the NER Cadet Competition standard drill and 3rd in the practical for fourth place overall. Members of the team were: C/CMSGT Douglas Driscoll, commander, C/TSgt Joseph Hoehn, C/SSgt. Daniel Powell and C/SrA Gracia Woodman. Alternate was C/A1C Erik van den Berghe.



Hawk Drill Team with Col Davidson and Cpt Doucet

HIGHLANDERS CADET SQUADRON

Seventeen members went to Pochet Island on Cape Cod for a bivouac. They had a great time, arriving in the dark and crossing by rowboat and canoe to the island. The fearless cadet commander led the flotilla even though he had never been there before and while searching for the way, fell into a chest deep creek. He was of course wearing his life jacket. They started the next day with bacon and pancakes cooked on a wood stove and then did some hiking and boating. A game of no boundary capture the flag was played at sunset with an amphibious assault and sneak attack from the rear. The cadet staff was defeated. Sunday was an ELT search and ground team training. A group of cadets marched in the Rochester Memorial Day parade. Former cadet Heather Barrington Smith will receive her wings as an Air Force pilot on June 26th. Cadet Sebastian van Dintel is taking the Spaatz exam. The squadron ground team achieved a number of firsts at the NER SARCOMP.

LEBANON COMPOSITE SQUADRON

Members marched in a Memorial Day parade on Sunday, May 24th which started out as a rainy day. By the end of the parade the rain had stopped and cadets joined the crowd for hotdogs afterwards. The Color Guard also participated in a Memorial Day parade on Monday, May 25th in Lebanon as well as a Loyalty Day parade in Woodstock, VT on another date. Over April vacation a van full of members headed for Maryland and DC to see the historic Red Glare 1:10 scale Saturn V rocket launch. Before the launch they visited the Air and Space Museum's Udvar-Hazy Center at Dulles Airport and the Goddard Space Flight Center in Maryland. They also spent a full day on the Washington Mall visiting memorials and museums. At Dean Memorial Airport Awareness Day in No Haverhill, NH the squadron set up a display table with flags and photos of CAP activities. The cadets in attendance got flights with the EAA Young Eagles program. There were many old and newer aircraft on display and the DHART helicopter dropped in for display and tours. On Alumni Day in Woodstock, VT on 6 June the color guard led the parade as the American Legion color guard failed to arrive.



Lebanon cadets with Lt. Charlie Freeman in front of the Capitol

MANCHESTER CADET SQUADRON

On Memorial Day the Manchester cadets presented an honor detail at the NH State Veteran's Cemetery in Boscawen in the style of the tomb guard at Arlington Nat'l Cemetery. This was the third year a detail presented from 0700 to 1500. Each cadet walked a "tour" in front of the circle of flags: 21 paces bookended by a 21 second pause representing a 21 gun salute. A squadron open house was hosted on May 21st with a least a dozen perspective cadets. Many of them returned to see first hand the cadet corps in action. On May 28th Captains Blais and Kelly were part of a radio segment for 107.7FM's "The Pulse" morning show. It was a successful casual interview that hopefully opened the eyes of the listeners to the great programs of CAP. Flag Day, June 14th members participated in a flag retirement ceremony at the Londonderry American Legion Post. This was the third year of attendance at this event. Cadet Kailyn Chasse was awarded a \$1000 academic scholarship.

MONADNOCK COMPOSITE SQUADRON

An awards ceremony was held on May 10th with Col Dale Hardy presenting C/LtC Liam Smedley with his Eaker Award. Cadet Smedley left a few days later to report to the US Air Force Academy. At the same ceremony Cadet 2Lt.Ivan Somero received his Mitchell Award. An open house was held in May with 2000 people attending. Squadron members marched in Memorial Day parades in Keene and Swanzey. The squadron hosted the June SAREX on the 20th.

SEACOAST SQUADRON

Seacoast Squadron members along with other CAP members participated in the Piscataqua River Cooperative Exercise and one air sortie was flown in support of it. A group of cadets visited the USCG cutter USS Campbell berthed at the Portsmouth Naval Shipyard and were given a tour of the entire ship from the bridge to the engine rooms. At a recent meeting night the cadets were given a tour of the Pease ANG Base firehouse where they suited up in protective gear, learned how to use fire extinguishers, got to see the truck fire suppression nozzles in action and learned a lot about firefighting. On Memorial Day the squadron and van participated in a parade in Durham carrying their squadron banner. The following weekend members assisted with the Moving Wall in Newmarket. A recent cadet meeting included a K-9 demonstration. Cadet Michelle Wegner has received a scholarship to Norwich through her participation in CAP. Cadet Capt. Alicia Hagman has received a \$1200 Flight Scholarship which she will use this summer and hopefully will get to solo.



Ltc Croker and Maj. Jason Smith with cadets at USS Campbell

CHAPLAIN NEWS

Assistant Wing Chaplain 2Lt Preston Lawrence has recently taught two character development courses, one at Hawk Squadron and one at Monadnock on the topic "Small War, A Time to Kill?" He also represented CAP in a Memorial Day observance at the NH State Veteran's Cemetery on May 30th and the Loudon Memorial Day Parade on May 25 and gave the benediction at the Loudon town cemetery.



2Lt Preston Lawrence, Col Gerald Boyle, USMC ret. And Josh Vallencourt
Lawrance mentors Josh Vallencourt through the Big Brothers/Big Sisters organization.

ENCAMPMENT 2009

Beginning with staff arrival on 9 July and basic arrivals on 10 July, and ending with graduation on 19 July, the NH and VT wings will be conducting the third consecutive encampment on the campus of Norwich University in Northfield, VT. This nine day event is designed to provide "basic training" to CAP cadets in preparation for the outstanding national opportunities available to them as cadets. This year the encampment curriculum has been refined to emphasize the Civil Air Patrol core missions: aerospace education, cadet programs, and emergency services. We have a jam packed schedule complete with interesting classroom topics as well as challenging and rewarding exercises like rappelling, water survival, rock climbing, obstacle course and Blackhawk helicopter rides. An extended field training exercise is also planned as well as basic communication training (BCUT). With all of that, PT, marching drills, and leadership reaction courses, we're sure the cadets will have plenty to keep them busy from sunrise to sunset.

For family and friends, and fellow CAP members who are not able to be onsite for the action, we invite you to stay tuned to the encampment website (<http://encampment.nhwgcadets.org>). We will post daily updates to help everyone stay in touch. In addition we will be streaming live video from some of the more notable events. We may also conduct a radio-style interview at various points in the encampment. We hope these enhanced public affairs initiatives will provide insight into the encampment that would otherwise not be possible. To get up-to-moment updates on the action as it occurs, follow it on Twitter feed (<http://www.twitter.com/EncampmentTweet>). If you are not signed up for Twitter head on over to (<http://www.twitter.com>) and find out what it's all about.

Civil Air Patrol members are welcome to visit the encampment any time to see first hand how encampment works. We ask that any visitors provide brief notification of when you

anticipate arriving on campus so we may make accommodations and provide a proper reception. The campus is large and it is easy to get lost. To arrange a visit, contact the encampment commander, Capt. Peter Blais at peter.p.blais@gmail.com. We'd love to see you there.

Peter P. Blais, Captain, CAP
Encampment Commander

Medical Briefing

With the Encampment at Norwich University rapidly approaching, the topics of this briefing will be a review for Officers, Cadets and families about some issues that are not often thought of.

Immunization: While the safety of the various immunizations for measles, whooping cough and other so called childhood illnesses have proven relatively safe for most, there are some who, for many reasons, feel they cannot take these preventative injections. We cannot dictate individual choices. However, if there is any onset of an illness, the person, regardless of immunization status, should and would be isolated in the established infirmary. The need for this should be obvious, but to ensure there is no confusion, the encampment staffers are not physicians. To protect the entire cadre of attendees, as well as others who are using the facilities at the university, this procedure will reduce the risk of spreading a potentially harmful illness from spreading. The isolated encampment member will be referred to a local medical facility for proper diagnosis and treatment.

Permission to Treat: the purpose of this form is a requirement for all Cadets. Before any treatment beyond first aid can be initiated, the encampment staff must have this form in hand and completed. Besides giving permission to refer for treatment, this form should also contain all relevant information, including a brief medical history, list of any medications normally used (and please list any over the counter and alternative therapies like herbs) and any restrictions on treatment due to religious practice.

Asthma: Asthma is a respiratory illness that can present as episodic wheezing or cough. This is a response to irritation in the lungs that can have many causes.

If any encampment member has asthma, it is important that staff knows. Prevention is better than trying to reverse an asthma attack.

If any individual has asthma, it cannot be emphasized enough the need to ensure all prescribed medications are sent, along with instruction on use (mostly for Cadets). The program can be modified to minimize the risks of an episode if need be, but the ideal would be to maintain control using the medications according to the established routine used at home.

If an encampment member has a sudden onset of asthma, they will be brought to the infirmary for monitoring of their symptoms and administration of their own medications. Staff cannot administer these drugs, but will ensure that the member is taking the medication. If improvement is not seen after an hour, care will be referred to the local medical facility.

For the individual who has asthma, it becomes important to remember that only you can control and prevent an episode. If you experience any symptoms that indicate an onset, you must report to the Officer or designated first responder.

Activity limitations: If any Cadet has any problems that limit their ability to participate in specific activities, we must know this before the start of encampment. To gain the most from this experience, participation in all activities is encouraged. However, if there is any limitation to participation, the staff can develop alternatives for the individual Cadet.

Heat and hydration: While there will be physical activity during encampment, all participants will be monitored for heat exhaustion and dehydration. The need for water replacement is a key to safety and will be encouraged.

Hydration will entail sipping water over the period of physical activity. The use of caffeine containing drinks will be limited, by policy, to Officers only on a limited basis.

The major issues of hydration involve the effects of waiting until thirst is "felt". By taking small amounts of water over the activity period, the body will maintain a stable condition. If water is "gulped" during, or at the end, of activities, it can cause an over reaction in the body and can lead to serious medical complications.

Caffeine is discouraged due to its effect as a diuretic. Diuretics are used to remove fluid from the body, which is not what rehydration is trying to accomplish.

Allergic reactions: The last area of concern is allergic reactions. If any member of encampment is known to have an allergic sensitivity to insect bites, certain foods or exposure to pollens, the staff will make all attempts to limit the risk. The person having the reaction will be referred to the local medical facility for follow up and additional treatment. i

Other issues: The encampment staff has many members who have received first aid/first responder treatment training. These people are not medical professionals, but can do limited things to help relieve or control a medical emergency. If the situation goes beyond immediate first aid, they all know how to activate the local Emergency Medical System and get the affected person to professional medical help, if indicated. However, unless the First Responders are aware of any preexisting medical issues, their ability to take appropriate actions will be limited until they can assess the needs according to their training and skill levels.

The Encampment Staff has tried to ensure a great opportunity for the Cadets. As in all of CAP's activities, safety is the first concern. While we don't expect the need for emergency care will arise, we prepare for emergencies as part of our effort to meet the primary objective of Safety First.

This briefing should be considered a starting point for ensuring the participant's medical safety. All advice for prevention of individual medical issues should be discussed with the primary medical care provider and noted on the medical form to ensure the risk of medical problems are as minimal as possible. Only the individual can ensure his/her own safety in any activity. As always, these briefings are summaries of issues that arise from the day-to-day activities we do as CAP members. The advice and guidance from your primary medical professional should be your best source of information for any concerns you may have.

Carl Rod, Maj., CAP
Health Services Officer, NHWG

Commander's Corner continued

This past April, your Wing started flying Fire Patrols over the North Country as a contractor for the NH Forestry department. Starting in July, this important service will be expanded to also include the "Southern" route. Mission bases for these flights are Laconia for the North route, and Nashua, Portsmouth and Concord for the South route. All ES qualified Pilots, Observers and Scanners will have the opportunity to participate in these funded missions. This mission developed because of the success of our efforts over the past 2 years in promoting the capabilities of your CAP to the various State agencies. We sincerely hope that this will be the first of many requests for CAP assistance by the State of NH.

Remember that our Wing Conference this year will be held on September 11-12, which is a week after the National Boards in San Antonio. Our event will be again held at the Best Western in Manchester. Put it down on your calendars now and plan to take part in this annual activity. Finally, during the next several months, I ask that all of you be extra careful and safe as you enjoy the wonderful days of summer, here in NH. Thank you, for all that you do for CAP.



Monadnock Squadron awards Eaker Award
C/LtC Liam Smedley with Col Dale Hardy