

2016 NER North Honor Guard Academy Packing List

Use this list to prepare for the academy. Bring everything on the list. Cadets must carry their own baggage from the registration area to their lodging. Rolling bags and travel size items are strongly recommended. Bed Linen, Pillow, Blanket, and Towels will be provided.

Please check off items as you pack so that you are FULLY prepared!

PERSONAL HYGIENE ITEMS

NO PERFUMES OR BODY SPRAYS. PRODUCTS SHOULD BE UNSCENTED

- 1 Deodorant
- 1 Toothbrush/ tooth paste
- 1 Shampoo/conditioner
- 1 Body wash
- 1 Shower shoes or sandals to be worn while showering.
- 1 Razor and shaving cream
- 1 Comb or brush as needed. Female hair supplies as needed, elastic hair band, hair net, bobby pins, to match hair color as closely as possible.
- 1 Small container of Gold Bond or other powder to prevent chaffing
- 1 High SPF sun screen, make sure you are not allergic to it
- 1 Insect repellent non-aerosol
- Foot Powder
- Females personal hygiene, menstrual items as needed. They will not be supplied.
 - Unscented and non-aerosol products please. We have cadets and senior members with allergies, asthma, etc.

CLOTHING ITEMS

- 2pr Black shorts – drawstring waist, mid thigh length for PT no exception
- 2 Air Force PT Shirts (NH cadets this would be the Old Style PT shirt)
- 7pr **White ankle socks**
- 7pr Underwear
- 1 Males – athletic supporter if desired
- 2-3 Females – bras (white/tan), at least 1 Sports bra preferred.
- 1pr Properly fitting, breathable, comfortable athletic shoes/sneakers with matching laces, no Velcro, no “Bare Foot” shoes, no high-tops, no slip on type shoes, no open toed shoes.
- 2 White crew neck t shirts for ceremonial uniform, **tight fitting**
- 2 T-shirts and shorts for sleeping (2 sets), must be appropriate. Not pj shorts.
- 1 Large laundry bag, preferably mesh bag
- 1 Swim Suit: Male – swim trunks Female – one piece suit with shorts over

- 1 Complete set of properly fitting summer blue service dress uniform, flight cap with appropriate device/grade insignia, blue short-sleeved shirt, white V-neck t-shirt, tie with clasp or tie tac or female style tie as appropriate, appropriate ribbons, badges, nameplate, grade insignia, blue belt with silver tip and buckle, slacks or pants (no skirts), black socks, service shoes, valid CAP membership ID card. Make sure your service coat epaulets are not sewn down and your uniform pants and jacket fit properly. Jacket should be “new style” (if unsure, count the buttons there should be 3. If still not sure, contact medcraycap@gmail.com). Do not wear 1st SGT Diamonds, shoulder cords, etc. If you have earned the privilege of wearing Silver Honor Guard Cord please bring but it, it will only be worn for pictures and graduation.

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- ___ Females – 1 pair earrings and/or make-up in accordance with CAPM 39-1 if desired.
- ___ 1 Male cadet officer cap with male cadet officer hat device and functional front and rear chin strap (they are different). Males and females will wear male officer service cap with ceremonial uniform. (See CAPM 39-1 chapter 3)
- ___ Ceremonial Uniform Items: Cadets that have previously completed Honor Guard Academy and have these items already, please bring White Pistol Belt, Ascot with Patch sewn on, and silver shoulder cord.
- ___ 1 Complete set BDU uniform with at least one extra pair of pants. BDU cap with insignia as described in CAPM 39-1 Figure 2-26. At least one BDU blouse with proper grade insignia (NO 1st SGT DIAMONDS) nametape, Civil Air Patrol tape, and reverse US flag, wing patches are optional as described in CAPM 39-1 Figure 2-7, belt, buckle and boots as described in CAPM 39-1 Table 2-3
- ___ 3 Black, plain, no pockets, crew neck t-shirts to be worn with BDUs as described in CAPM 39-1 Table 2-3
- ___ 3 Black or white socks to be worn with BDU boots as described in CAPM 39-1 Table 2-3
- ___ Plastic clothes hangers, at least 12
- Undergarments must cover all appropriate body areas at all times. You will spend time sitting on the floor and ground. Sleeping attire must not be offensive (no words or pictures/graphics or be revealing). No spaghetti string tops, short-shorts, no mid drift revealing. Females may wear make-up only at graduation ceremony and must be IAW with CAPM 39-1.

MISCELLANEOUS ITEMS

- ___ Money for laundry - \$5 in quarters.
- ___ Laundry soap (pods are best)
- ___ spending money if desired. May be secured with Logistics if desired.
- ___ 1 Roll of white medical tape, to be used with ceremonial uniform
- ___ Safety pins for ceremonial uniform, at least 4 large pins and several small pins
- ___ 1 Shoe shine kit. No mechanical shoe shining brushes.
- ___ 1 Lint Roller
- ___ 1 100% Cotton (non terry cloth) dish towel
- ___ 2 Large rolls of duck tape, 1 solid color and 1 print to wrap your practice rifle. These will be shared among cadets after you wrap your own.
- ___ 1 Hydration device. (Water bottle with strap, canteen with belt or camel)
- ___ 1 small window Fan, if not flying. The dorm is not air conditioned.
- ___ 1 White, 2 or 3 inch Three Ring Binder
- ___ Pencils and/or pens and note taking paper.
- ___ Postage stamps and stationary (optional)
- ___ Sewing kit
- ___ Small camera for taking pictures - optional (phones and other electronic devices not allowed for this purpose)
- ___ Clear poncho
- ___ Iron
- ___ Small flashlight
- ___ Alarm clock- optional (without radio- wind up or battery preferred)
- Shorts can be bought at Wal Mart/ Kmart etc. in athletic male section. They must be 100% cotton with no exceptions.
- All medications, whether prescription or over the counter, must be in original containers with cadet's name on each container.

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➤ **Contraband--These Items Will Be Confiscated At Check-In and returned at the end of the Academy**

- ◆ Electronic equipment and/or devices of any kind (including but not limited to watches, laptops, video game systems, ipods, mp3 etc).
- ◆ Cell phones
- ◆ Car Keys
- ◆ Non-Religious, Non-Civil Air Patrol Reading Material
- ◆ Food*
- ◆ Drugs, Alcohol*
- ◆ Fireworks*
- ◆ Any Aerosol Products*

*These items will not be returned.

**Cadets will be informed prior to the academy if additional Ceremonial Items will need to be purchased during the academy. This will be determined by funding available. Items are: 1 Ascot, 1 Honor Guard Ascot Patch, 1 Pair White Gloves, 1 Pistol Belt with large silver buckle.

*** Cadets, if you have any questions regarding the packing list please contact Capt Cray at medcraycap@gmail.com PRIOR to arriving at the academy!